

ASSESSMENT OF OCCUPATIONAL EXPOSURE DUE TO INTERNAL RADIATION SOURCES

UNIT 9 ASSESSMENT OF INTAKE AND DOSES DUE TO INTERNAL EXPOSURES. INTERPRETATION OF MONITORING DATA

CONTENT OF LECTURE

- INDIVIDUAL MONITORING DATA
 - ✓ Measurement of the activity retained in total/partial body
 - ✓ Measurement of activity concetration in excreta samples

- ASSESSMENT OF INTAKE AND DOSE FROM MONITORING DATA-STRUCTURED APPROACHES TO INTERNAL DOSE ASSESSMENT:

✓ ISO Standard 27048, IDEAS Guidelines (EURADOS Report 2013-01)

✓ EC RP 188 – Technical Recommendations, ICRP/OIR Reports



CONTENT OF LECTURE (CONT.)

• ASSESSMENT OF INTAKE AND DOSE. INTERPRETATION OF MONITORING DATA

- ✓ Intake estimation
 - Single monitoring data
 - Multiple monitoring data. Uncertainties of monitoring data
 - Data fitting. Criteria for rejecting the fit of monitoring data with the retention/excretion model
- \checkmark Assessment of the Committed Effective Dose



INDIVIDUAL MONITORING DATA

✓ The doses due to intakes of radionuclides can not be obtained directly, but must be assessed from:

- In vivo measurement of the activity retained in total/partial body M(Bq)
- In vitro measurement of activity concetration in excreta samples M(Bqd⁻¹, BqL⁻¹)
- Workplace monitoring, air sampling: measurement of activity concetration in air M(Bqm⁻³)
- ✓ The interpretation of individual (in vivo and in vitro) monitoring data for the assessment of Intake I(Bq) and Committed Effective Dose E(50) Sv
 - requires the application of biokinetic and dosimetric models (ICRP)
 - the evaluator needs to know or to make assumptions about:
 - o Type of intake (acute, chronic),
 - o Pathway of intake (inhalation, ingestion, injection, intact skin, wound)
 - Time of intake (elapsed time from the exposure and the measurement)
 - o Physical (e.g. particle size) and chemical properties of internal contaminants



COLLECTION, HANDLING AND PROCESSING OF MONITORING DATA

✓Occupational Internal Dosimetry

- 1.- Characterization of internal exposure at the workplace
 - Information to be provided (e.g. by the Radiation Protection Officer)
- 2.- Design of Individual Monitoring Programmes internal exposures
 - Selection of the Monitoring Techniques + monitoring period
 - Selection of the workers to be included in the monitoring

programmes 3.- Individual Monitoring of workers: Direct and Indirect techniques. Identification and quantification of incorporated radionuclides. Identification Data M(Bq), M(Bqd⁻¹, BqL⁻¹) 4.- Assessment of intake and committed effective dose E(50) Interpretation of Monitoring Data Step by step procedure: calculation Intake I (Bq) and dose E(50) Sv ICRP Data viewer and available commercial software



INDIVIDUAL MONITORING DATA

- ✓ Dietary intakes of naturally occurring radionuclides
 - Radionuclides from the three natural radioactive decay series of ²³⁸U, ²³⁵U and ²³²Th are present in food, water and air leading to intakes by humans
 - Daily intakes of these nuclides depends on food diet and drinking water.
 - For workers exposed to Naturally Occurring Radioactive Materials (NORM) it is needed to distinguish between non-occupationally intakes and occupation intakes.
 - Take 'blank' bioassay samples from:
 - $\circ\;$ worker at beginning of employment, or
 - $\circ~$ non-occupationally exposed workers, or
 - $\circ~$ The population living in the same area.
 - Subtract blank sample activity from corresponding occupational monitoring measurements



INDIVIDUAL MONITORING DATA

Comparison of the estimated daily intake (µg U/day) in different countries

✓Uranium daily	Country	Total intake (µg U/day)	Source of U-intake			
IIItane	Brazil (Sao Paulo) ^a	0.97	Mean value of U-content	t in		
	USA (New York) ^b	1.30	various food type			
	USA (Chicago) ^c	1.40		^A Garcia et al. (2006) ^B Fisenne et al. (1987).		
	USA (San Francisco) ^c	1.30				
	United Kingdom ^d	1.00		^c Welford and Baird (1967). ^D Hamilton (1972). ^E Kuwahara et al. (1997). ^F Giang et al. (2001). ^G Galletti et al. (2003).		
	Japan(Yokohama) ^e	0.10				
	Vietnam ^f	0.70				
	Italy ^g	3.90	Mean value of food diet			
	Poland ^h	1.80	and drink water	^H Pietrzak-Flis et al. (2001).		
	Ukraine ⁱ	0.60		^I Shiraishi et al. (1997). ^J Shiraishi et al. (1992). ^K Dang et al. (1992). ^L Yu and Mao (1999).		
	Japan ^j	0.70				
	India ^k	2.20	Range 0.1 – 15.3 µg			
	Hong Kong ¹	15.30				
	France ^m	1.00		^M UNSCEAR (2000).		
	Russian Federation ^m	3.50				
	Worldwide ^m	1.30				
	Worldwide ^m	1.30				

Taken from F. Garcia et al. / Environment International 32 (2006) 697–703



\checkmark Uranium intake in the diet:

Background uranium activity concentration in urine. **Ref. IDEAS Guidelines** (EURADOS Report 2013-01) IDEAS Guidelines (Version 2) for the Estimation of Committed Doses from Incorporation Monitoring Data

Table 4.1. Background uranium activity concentration in urine.

Reference	Comments	²³⁸ U (mBq/d)		²³⁴ U (mBq/d)	
		Range	Mean	Range	Mean
Fisher 1983	control subjects US	0.17 - 2.6	1.30	0.25 - 2.5	1.41
Spencer 1990	dietary study UK		0.52		0.89
Wrenn 1992	non-occupationally exposed volunteers US		0.46		
Dang 1992	normal background environment, IN		0.26		
Hurtgen 2001	worker potentially exposed, Mol, BE	0.051 - 0.94	0.20	0.056 - 2.7	0.23
Kurttio 2002	population from Southern Finland	20-112000	8437		
Al-Jundi 2004	unexposed subjects, JO	0.23 - 15.2	3.95		
K Spencer 2007	Dounreay not exposed to uranium UK	0 - 3.0	0.41	0 - 2.5	0.46
E Oeh 2007	unexposed subjects from South of DE	0.037 - 0.29	0.17		
Malatova 2011	general population CZ	0.032 - 0.44	0.17		
Malatova 2011	U worker family CZ	0.19 - 1.26	0.53		

Data given in mass have been recalculated and expressed in mBq/d for ²³⁸U. The daily urinary excretion has been taken as 1.6 L (ICRP2002a).

Taken from Table 4.1 IDEAS Guidelines V2, EURADOS Report 2013-01 8



INDIVIDUAL MONITORING DATA

✓ Uranium intake in the diet:

Background uranium activity concentration in feces Ref. IDEAS Guidelines (EURADOS Report 2013-01)

Table 4.2 Background uranium activity concentration in faeces.

²³⁴ U (mBq/d)		²³⁸ U (mBq/d)		comments	Reference	
	Mean	Range	Mean	Range		
	37		26		dietary study, US	Spencer 1990
			17.4	5.0 - 27	persons in the Berlin area, DE	Naumann 1998
	14	9.2 - 19.2	13.5	8.0 - 18.0	Poços de Caldas, BR	Taddei 2001
	32	7.3 - 225	22	3.8 - 170 v	vorker potentially exposed, BE	Hurtgen 2001
	46		47		Buena, BR	Juliao 2003
	32		28.5		Rio de Janeiro, BR	Juliao 2003

Taken from Table 4.1 IDEAS Guidelines V2, EURADOS Report 2013-01



• INDIVIDUAL MONITORING DATA

Taken from Table 4.3 IDEAS Guidelines V2, EURADOS Report 2013-01		Table 4.3 Background thorium activity concentration in urine							
		²²⁸ Th (mBq/d)		²³⁰ Th (mBq/d)		(mBq/d)	Comments	Reference	
	Mean	Range	Mean	Range	Mean	Range			
✓ Thorium intake in the diet:					0.03		urine natural background (DE)	Dalheimer 1994	
					2.1		daily excretion in Buena (BR)	Juliao 1998	
Background Thorium activity	0.63	0.19 - 2.6	0.53	0.11 - 3.7	0.23	0.11 - 0.50	worker not exposed to Th, (BE)	Hurtgen 2001	
Background monum activity					0.007		unexposed adult (DE)	Roth 2005	
concentration in urine and	Table 4.4. Background thorium activity concentration in faeces.								
Teces	²²⁸ Th (mBq/d)		²³⁰ Th (mBq/d)		²³² Th (mBq/d)		Comments	Reference	
(ELIPADOS Papart 2012 01)	Mean	Range	Mean	Range	Mean	Range			
(EURADOS Report 2013-01)					12		faeces natural background (DE)	Dalheimer 1994	
	23	11 - 39	9.8	1.7 - 16	5.4	1.6 - 12	persons in the Berlin area (DE)	Naumann 1998	
					30	5.6 - 104	daily excretion in Buena (BR)	Juliao 1998	
	35	5.8 - 161	7.7	1.87 - 31	3.4	0.97 - 22	worker not exposed to Th (BE)	Hurtgen 2001	
Taken from Table 4.4 IDEAS Guidelines V2,	290	218 - 442	12.4	7.5 - 17.5	7.4	4.5 - 12.0	Poços de Caldas (BR)	Taddei 2001	
EURADOS REPOIL 2013-01	947				26		inhabitants of Buena (BR)	Juliao 2003	
	60				10		inhabitants of Rio de Janeiro(BR)		
			4.1	1.0 - 34			general population (DE)	Schäfer 2006	

INDIVIDUAL MONITORING DATA

✓ Background subtraction

ISO 16638-1: 2015 requires that:

 Natural background due to dietary intakes should be subtracted from the measurement data

But

 It shall be demonstrated that the reference value is representative of the natural background level for the worker to whom is it applied. INTERNATIONAL ISO STANDARD 16638-1

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Radiological protection — Monitoring and internal dosimetry for specific materials —

Part 1: Inhalation of uranium compounds

 $\begin{tabular}{ll} Radioprotection - Contrôle et dosimétrie interne des éléments spécifiques - \end{tabular}$

Partie 1: Inhalation de composés d'uranium





INDIVIDUAL MONITORING DATA

- ✓ Isotopic ratios of the natural occurring contaminant is helpful information
 - ²³⁴U /²³⁸U activity ratio is about **1.7** (in urine and faeces) (Hurtgen, 2001) Compared with values for enriched uranium (7) and depleted uranium (0.1)
 - The isotopic ratio ²³⁴U /²³⁸U in excreta sample can be directly correlated to the ratio in the drinking water (Hurtgen, 2001)
 - ²²⁸Th /²³²Th activity ratio can vary between individuals and is between 2.3 and 10 (in urine and faeces) (Karpas et al. 2005)



INDIVIDUAL MONITORING DATA

✓ Urine measurements

- The activity excreted over a 24 hour period is required for comparison with ICRP model predictions. Monitoring data: Activity in the sample (Bq), Collection period (h)
- Samples collected over periods less than 24 h should be normalised to an equivalent 24 h value, following ICRP Publication 89:

• Normalise to volume:

reference daily values are 1.6 litres male, 1.2 litres female

• Normalise to amount of creatinine:

reference daily values are 1.7 g male, 1.0 g female



INDIVIDUAL MONITORING DATA

✓ Faecal measurements

Faecal samples are generally collected if the material is relatively insoluble.

- The activity excreted over a 24 hour period is required for comparison with ICRP model predictions. Monitoring data: Activity in the sample (Bq), Collection period (h)
- If the sample is less than 60 g then normalisation should be considered, following ICRP Publication 89: Reference values are: 150 g male, 120 g female
- Variability large subject variations for transit times through gastrointestinal tract.
 - Excretion in the first few days after intake is **very** variable but correlated.
 - It is therefore recommended to use cumulative excretion over 0-3 days.

-ASSESSMENT OF INTAKE AND DOSE FROM MONITORING DATA-STRUC APPROACHES TO INTERNAL DOSE ASSESSMENT:



EC RP 188 - Technical Recommendations for Monitoring Individuals for Occupational Intakes of Radionuclides (ec.europa.eu/energy/sites/ener/files/rp_188.pdf)

- ✓ ISO Standard 27048: Dose Assessment for the monitoring of workers for internal radiation exposure
- ✓ IDEAS Guidelines (EURADOS Report 2013-01): General Guidelines for the Estimation of Committed Effective Dose from Incorporation monitoring data
- EC RP 188 Technical Recommendations for monitoring individuals for occupational intakes of radionuclides



IAEA

- ICRP Reference documents –
- ✓ Assessment of Committed Effective Dose E(50) Sv for workers
 - ICRP Publications 78, 68, 119 (based on ICRP 60 recommendations)
 - ICRP OIR (Occupational Intakes of Radionuclides) reports, Parts I-V (based on ICRP 103 recommendations)
 - ✓ OIR Part 1- ICRP Publication 130
 - ✓ OIR Part 2 ICRP Publication 134
 - ✓ OIR Part 3 ICRP Publication 137
 - ✓ OIR Part 4 ICRP Publication 141
 - ✓ OIR Part 5 In progress

$$E(50)Sv = \sum_{T} W_{T} \left[\frac{H_{T}^{M}(50) + H_{T}^{F}(50)}{2} \right]$$

E(50) is calculated with the use of male and female committed equivalent doses to individual target organs or tissues T, and the integration time following the intake is taken to be 50 years



ICRP Reference documents –

✓ Occupational Intakes of Radionuclides (OIR) – Parts 1-5

- ICRP Publication 130 OIR Part 1 (2015)
 Generic principles, monitoring + revised HRTM
- ICRP Publication 134 OIR Part 2 (2017)
 H, C, P, S, Ca, Fe, Co, Zn, Sr, Y, Zr, Nb, Mo, Tc
- ICRP Publication 137 OIR Part 3 (2017)
 Ru, Sb, Te, I, Cs, Ba, Ir, Pb, Bi, Po, Ra, Th, U and Rn (dose coeff for radon derived using biokinetic and dosimetric models)
- ICRP Publication 141 OIR Part 4 (2019)
 La, Ce, Pr, Nd, Pm, Sm, Eu, Gd, Tb, Dy, Ho, Er, Tm, Yb, Lu, Ac, Pa, Np, Pu, Am, Chi, Dk, Ci, LS, Fill
- ICRP Publication OIR Part 5 (in press): Be, F, Na, Mg, Al, Si, Cl, K, Sc, Ti, V, Cr, Mn, Ni, Cu, Ga, Ge, As, Br, Rb, Ag, Cd, In, Sn, Pt, Au, Hg, Tl, La, Hf, At, Fr, Se, Rh, Pd, W, Re, Os and noble gases Ne, Ar, Kr, Xe



ANNALS OF THE



ASSESSMENT OF INTAKE AND DOSE. INTERPRETATION OF MONITORING DATA

- ✓ Intake estimation Single monitoring data
 - Date/Time of Intake T₀ (dd/mm/yyyy)
 - Date/Time of Monitoring: t (days) after Intake

In vivo monitoring data (from Whole/partial body counters): M(Bq) retained activity, t= time of measurement In vitro monitoring data: M(Bqd⁻¹) Activity concentration in excreta samples, t= time of the sample collection

Assessment of Intake I (Bq) from a single monitoring data M(Bq):

excreta)

$$I(Bq) = \frac{M(Bq)}{m(t)}$$

Per Assessment of the Committed Effective Dose E(50) mSv: provided $E(50) Sv = I(Bq) * e(50)(SvBq^{-1})$

e(50) mSv/Bq: dose coefficient (provided by ICRP) = committed effective dose PER UNIT INTAKE

M(Bq)= monitoring data (from WBC or

m(t) = fraction of retained/excreted activity intake - (reference bioassay functions by ICRP, OIR reports)



$$I(Bq) = \frac{M(Bq)}{m(t)}$$

→ ICRP provides m(t): reference bioassay (retention/excretion) functions.

ICRP: <u>m(t) REFERENCE BIOASSAY FUNCTION</u> From ICRP Publication 130 (OIR Part 1):

In the OIR series of reports, the reference bioassay function is defined as a set of tabulated values m(t) predicted by a reference biokinetic model describing the time course of the activity in the body ("retention function") or the activity excreted in urine and faeces ("excretion function") following an <u>acute intake at time t=0</u>.

A retention function m(t) represents the predicted activity of a radionuclide in the body, organ or tissue at a time t after intake, whereas

an **excretion function m(t)** represents the predicted activity of a radionuclide in a 24-h excreta sample at a time t after intake. In the case of an excretion function, in the OIR series of reports t is the number of days up to the end of the of the 24-h sample collection period; tha radioactive decay in the sample during the sample collection period is taken into account





ICRP provides m(t): reference bioassay (retention/excretion) functions.

ICRP: m(t) ¹³¹I inhalation, type F, AMAD= 5 μ m





ASSESSMENT OF INTAKE AND DOSE. INTERPRETATION OF MONITORING DATA

✓Intake estimation - Single monitoring data M(Bq)

$$z(t) = \frac{e(50)}{m(t)} SvBq^{-1}$$

Values of **dose per unit content** functions **Z(t)** are provided by ICRP in its Occupational Intakes of Radionuclides (OIR) report series

 $E(50) \text{ Sv} = M (\text{Bq}) * Z(t) \text{ Sv Bq}^{-1}$

where M(Bq) represents the monitoring data





- ASSESSMENT OF INTAKE AND DOSE. INTERPRETATION OF MONITORING DATA
 - Intake estimation <u>Multiple monitoring data</u> M(Bq), taking into account uncertainties of monitoring data
 - ISO 27048, IDEAS Guidelines :
 - Measurements are assumed to be lognormally distributed with a given scattering factor (SF)

$$SF_{i} = \exp \sqrt{\left[\ln \left(SF_{A}\right)\right]^{2} + \left[\ln \left(SF_{B}\right)\right]^{2}}$$

$$SF_{A} = \exp(\sigma_{M} / M)$$

 Assessment of the Intake I (Bq) from a set of <u>n monitoring data</u>: <u>MAXIMUM LIKELIHOOD METHOD</u> is recommended that takes account of monitoring data M(Bq, Bqd⁻¹, BqL⁻¹) and associated Scattering Factors (SF)



- ASSESSMENT OF INTAKE AND DOSE. INTERPRETATION OF MONITORING DATA
 - ✓ Intake estimation Multiple monitoring data M(Bq). Uncertainties of monitoring data
 - Date/Time of Intake T₀ (dd/mm/yyyy)
 - Date/Time of n Monitoring data: ti (days) post intake; i= 1,..., n
 - Result of in-vivo monitoring (from Whole/partial Body Counters): Mi (Bq) retained activity i= 1,..., n
 In-vitro monitoring: Mi (Bqd⁻¹) Activity concentration in excreta i= 1,..., n
 - Assessment of the Intake I (Bq) from a set of n monitoring data:

MAXIMUM LIKELIHOOD METHOD

$$\ln(\boldsymbol{I}) = \frac{\sum_{i=1}^{n} \left(\frac{\ln(\boldsymbol{I}_{i})}{(\ln SF_{i})^{2}} \right)}{\sum_{i=1}^{n} \frac{1}{(\ln SF_{i})^{2}}}$$

 ✓ SF_i is the scattering factor (uncertainty) associated to monitoring value M_i

$$I_i$$
 (Bq) is the value of intake obtained $I_i = \frac{M_i}{m(t_i)}$
from M_i (Bq, Bqd⁻¹, BqL⁻¹):



ASSESSMENT OF INTAKE AND DOSE. INTERPRETATION OF MONITORING DATA <u>MAXIMUM LIKELIHOOD METHOD</u>

✓ Assessment of the Intake I (Bq) from a set of n monitoring data:

$$\ln(\boldsymbol{I}) = \frac{\sum_{i=1}^{n} \left(\frac{\ln(\boldsymbol{I}_{i})}{(\ln \boldsymbol{SF}_{i})^{2}} \right)}{\sum_{i=1}^{n} \frac{1}{(\ln \boldsymbol{SF}_{i})^{2}}}$$

 ✓ SF_i is the scattering factor (uncertainty) associated to monitoring value M_i

✓ If the scattering factor Sf_i is the same for all measurements the equation results in the geometric mean as follows:



✓ If <u>n₁ measurements of radiobioassay of type 1 and n₂ measurements of radiobioassay of type 2 are available</u>, the assessment of the intake I(Bq) using Maximum Likelihood Method is as follows:

$$\ln(I) = \frac{\sum_{i=1}^{n_1} \frac{\ln(M_{1,i} / m_1(t_i))}{\left[\ln(SF_{1,i})\right]^2} + \sum_{j=1}^{n_2} \frac{\ln(M_{2,j} / m_2(t_j))}{\left[\ln(SF_{2,j})\right]^2}}{\sum_{i=1}^{n_1} \frac{1}{\left[\ln(SF_{1,i})\right]^2} + \sum_{j=1}^{n_2} \frac{1}{\left[\ln(SF_{2,j})\right]^2}}$$

For example: Type 1: urine data Type 2: lung data



- ASSESSMENT OF INTAKE AND DOSE. INTERPRETATION OF MONITORING DATA
 - ✓ Assessment of the Intake I (Bq) from a set of n monitoring data. Data fitting.
 - Criteria for rejecting the fit of monitoring data with the retention/excretion model:

Evaluation of observed chi-square χ^2_0

o If only one dataset is available for the evaluation, the observed chi-square can be evaluated by

$$\chi_o^2 = \sum_{i=1}^n \left(\frac{\ln(N_i) - \ln[I m(t_i)]}{\ln(SF_i)} \right)^2$$

 χ^2 **TEST:** The **p-value is evaluated e.g. with the Excel function P=CHIDIST**(χ_0^2, ν) The degrees of freedom (DoF) to be used are $\nu = n-1$ (n= number of monitoring data)

To check if

$$P(\chi^2 > \chi_0^2) < 0.05$$



the model for the

- ASSESSMENT OF INTAKE AND DOSE. INTERPRETATION OF MONITORING DATA
 - ✓ Assessment of the Intake I (Bq) from a set of n monitoring data. Data fitting.
 - Criteria for rejecting the fit of monitoring data with the prediction of retention/excretion model:

 χ² TEST: <u>Check for the goodness of fit</u>. The fit is judged to be inadequate if:
 Plot of prediction of
 - Criterion 1 for rejection:



REFERENCES- UNIT 7 - ASSESSMENT OF INTAKE AND DOSES DUE TO INTERNAL EXPOSURES. INTERPRETATION OF MONITORING DATA



EUROPEAN COMMISSION - RADIATION PROTECTION REPORT SERIES No.188 - Technical Recommendations for Monitoring Individuals for Occupational Intakes of Radionuclides (ec.europa.eu/energy/sites/ener/files/rp_188.pdf). EC RP 188 (2018).

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