

# Combatting Cardiovascular Diseases: The Unexploited Potential of Nuclear Medicine

Carlos Alberto Buchpiguel

University of São Paulo School of Medicine

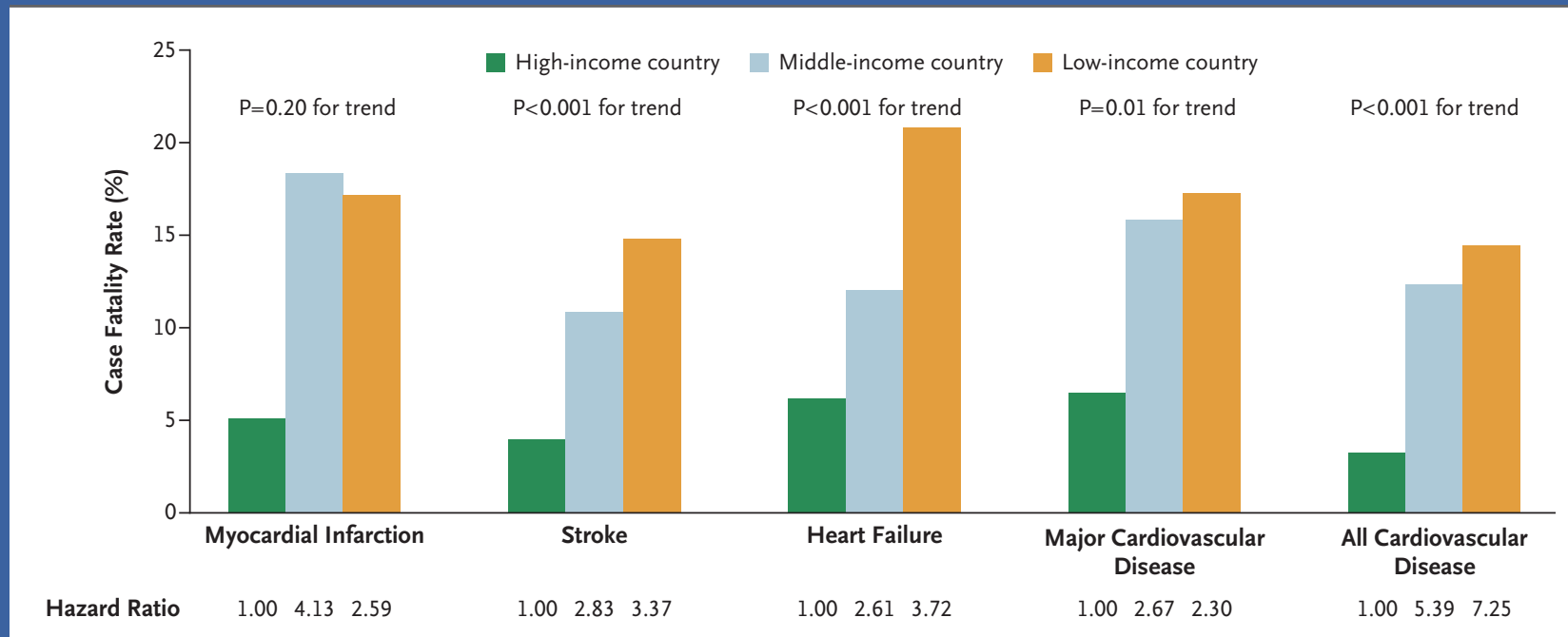
28-29 September 2016

2016 IAEA Scientific Forum

**Nuclear Technology for  
the Sustainable Development Goals**

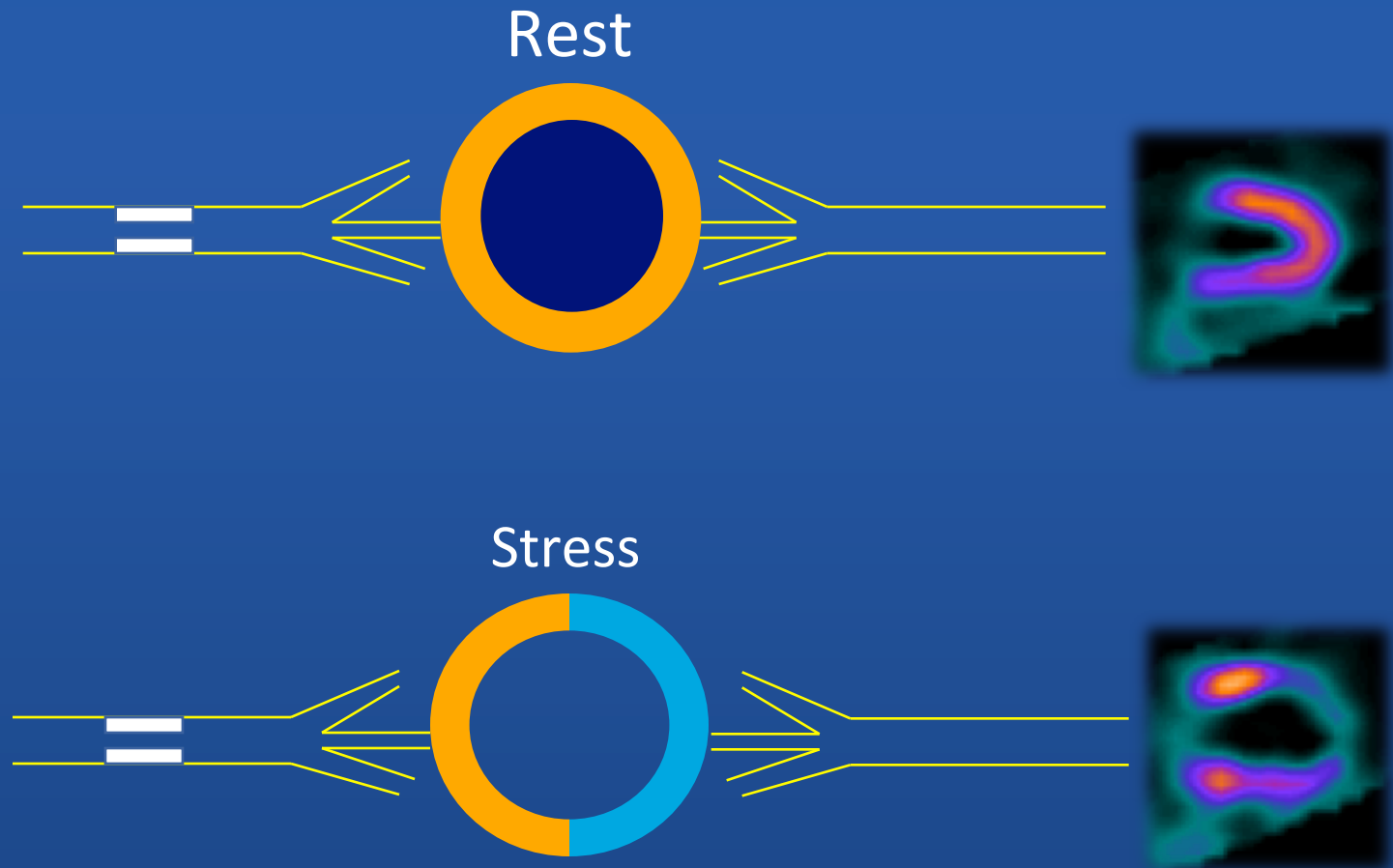


# Cardiovascular Disease Event Rates in High-, Middle-, and Low-Income Countries.

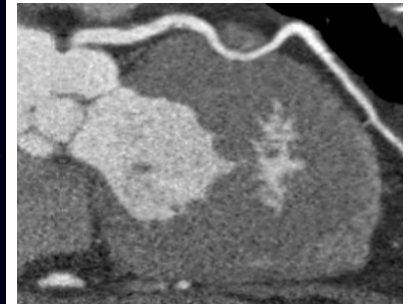
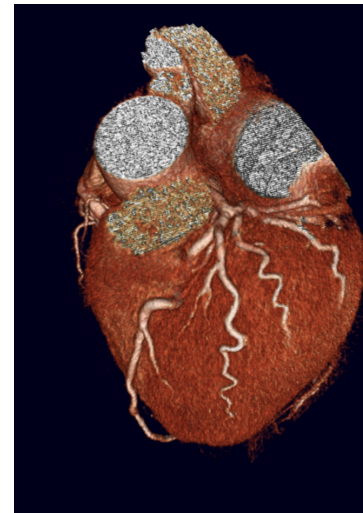
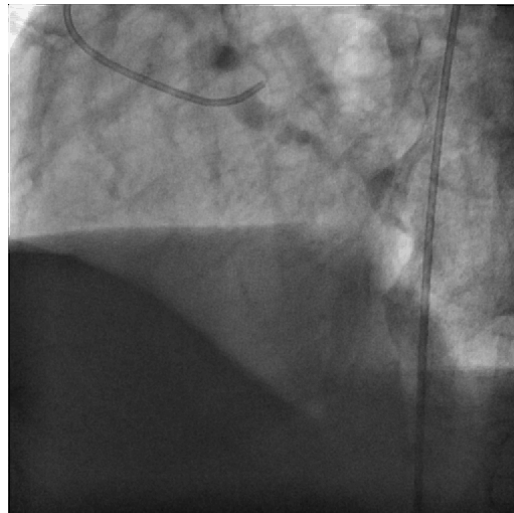
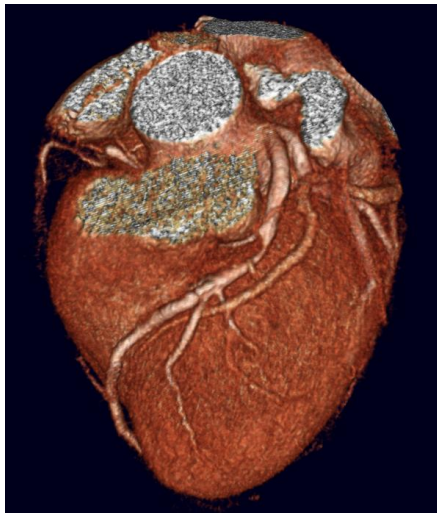
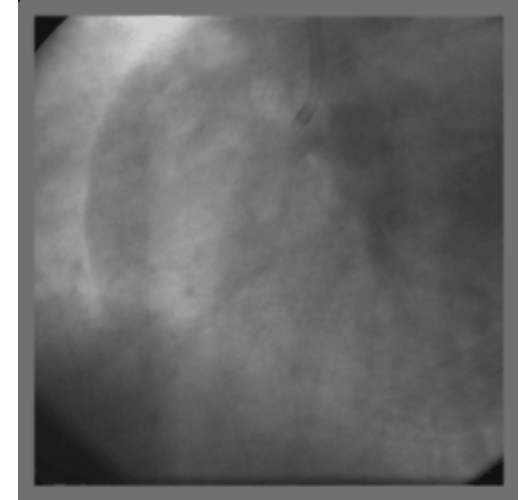


# Coronary Artery Disease

## Value of Nuclear Medicine: Ischemia Detection



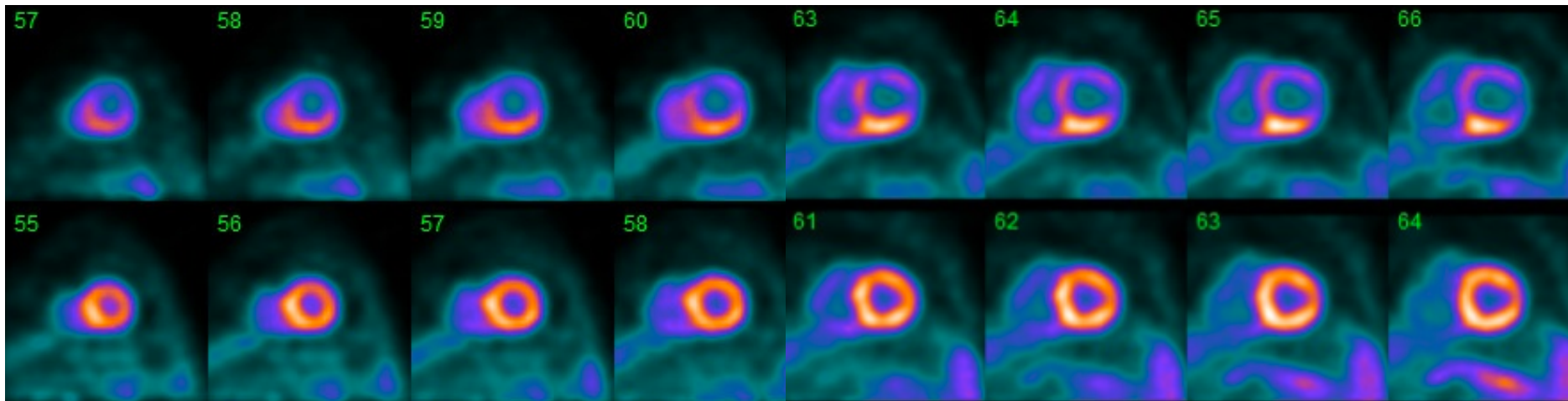
# CT Angiography



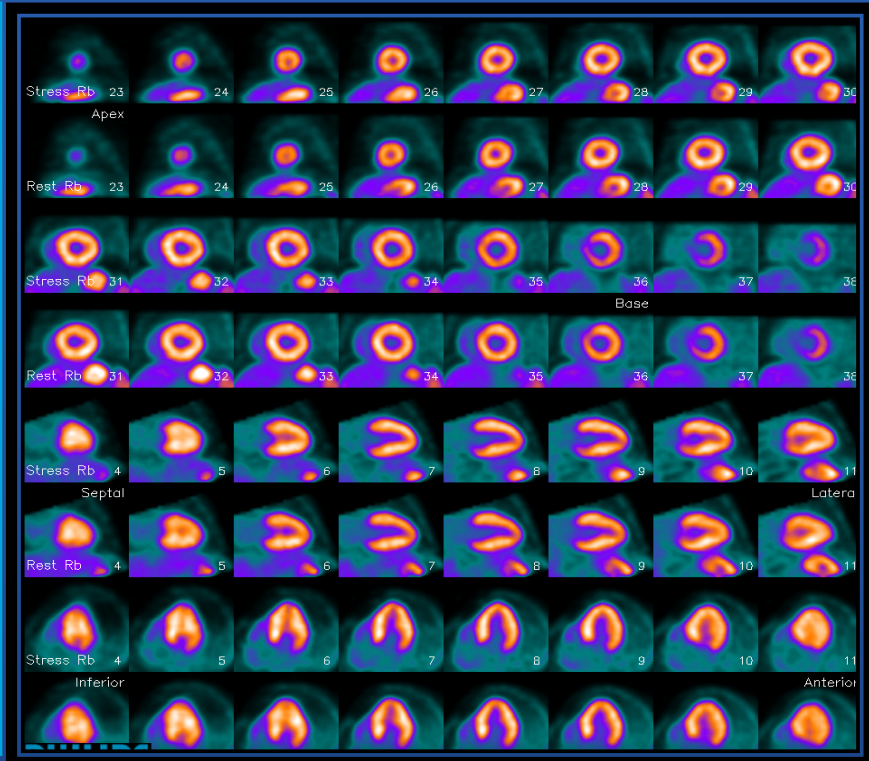
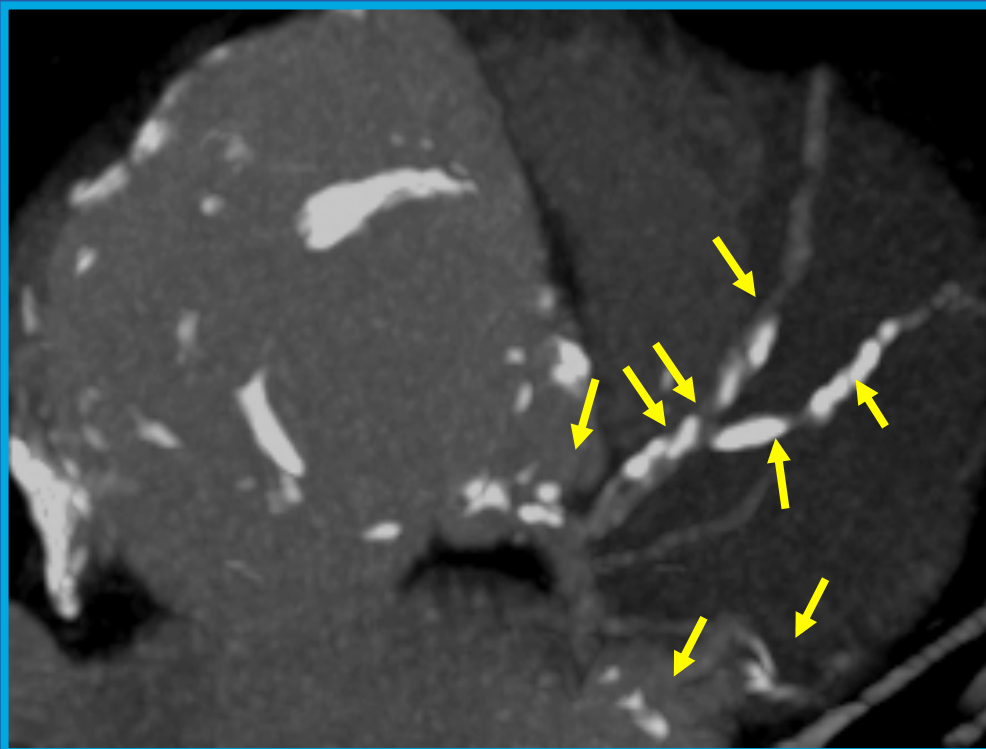
# Value of nuclear tests



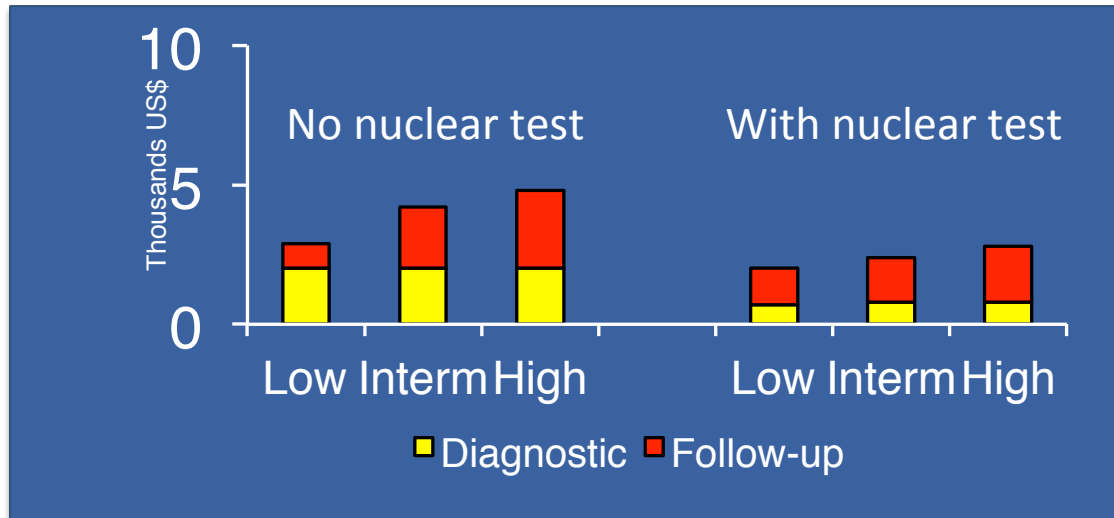
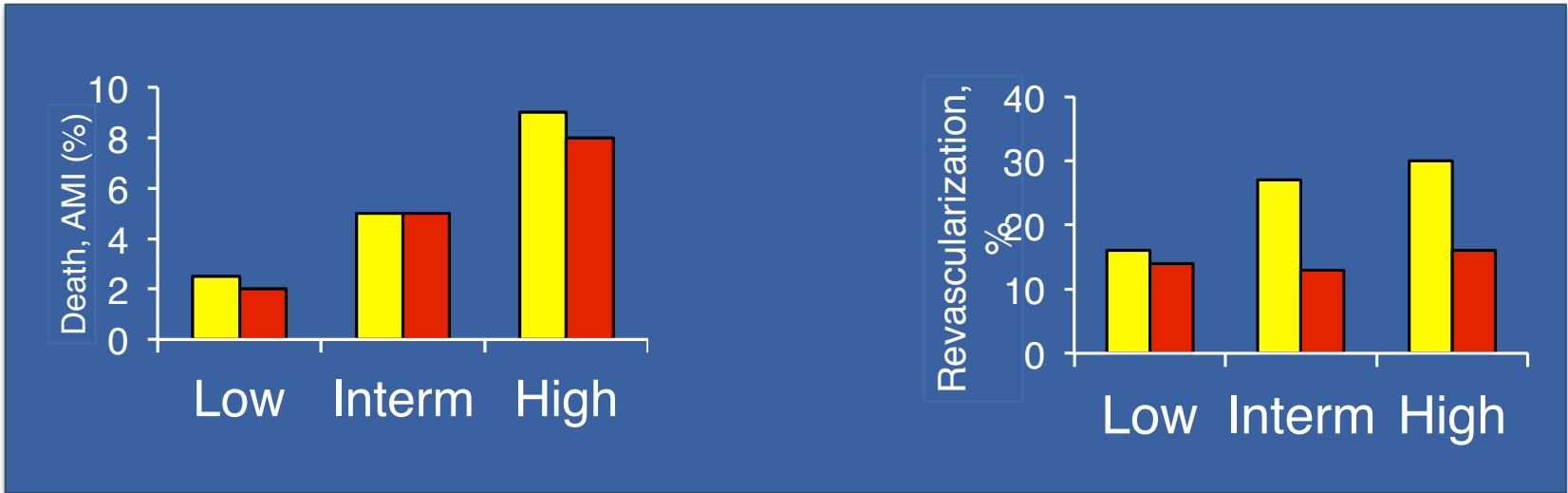
- 24 year old, male, asymptomatic,
- Important familial history
- Initiating sport activity
- Because ECG positive stress test
- Referred to nuclear medicine



# 55 yr, male, elevated calcium score in coronary arteries, asymptomatic, questionable positive stress ECG



# The END Study



# Advantages of Nuclear Medicine

- Non-Invasive
- High accuracy in detecting ischemia
- Extensive validation in the literature
- Included in the majority of clinical guidelines worldwide and under level IA
- Cost-effective
  - Cost of implementation is variable according to the chosen model and region, but can be started with amounts around US\$ 800.000,00. IAEA can provide full support including education, written materials, consulting and even equipment acquisition to the affiliated countries.
- **SDG 3: GOOD HEALTH AND WELL-BEING**
  - In Brazil, nuclear tests are widely available throughout the whole country, and many patients have been benefitted by that kind of technology, specially in the public health system, promoting good health and well-being towards the population.



# Thank you!

2016 IAEA Scientific Forum  
**Nuclear Technology for  
the Sustainable Development Goals**

